

Personal Information

Do you have any food allergies or restrictions _____

Do you have any medical or physical conditions or needs we need to be aware of?

Do you have any behaviors or a behavior plan we need to be aware of?

I understand and agree that The Arc of Lucas County, its employees, or agents have the right to take photographs, video-tape, or digital recordings. I further consent that my name may be revealed. I release to The Arc of Lucas County, its agents, and employees, all rights to exhibit this work in print and electronic form.

I have read and understand that by signing below, my photos and name may be used.

Participants _____

Signature _____

Parent/guardian _____

Signature _____

What Next



What Next?

Is a life skills training program for young adults ages, 17-25, designed as a series of three eight-week sessions to provide life skills training necessary for becoming productive members in the community.

We also provide information & trainings for parents to learn about services in the community to help them & their young adults transition more smoothly into the adult world.



What Next is funded by Lucas County Board of Developmental Disabilities

The Arc of Lucas County, Inc.

5605 Monroe St
Sylvania, OH 43560

Phone: 419-882-0941

Fax: 419-517-5346

E-mail: thearc@arclucas.org

The Arc of Lucas County, Inc.
&
The Lucas County Board of DD
Present



2010

What Next? Life Skills Series

Young adults with developmental disabilities learn skills to live quality lives.

What Next Life Skills

Program Objectives:

- Participants learn life skills to help them transition into adult life.
- Participants learn and improve communication and social skills.

Program Specifics

1. All sessions last eight weeks.
2. Participants attend **eight** consecutive **Tuesdays**, 7:00pm– 8:30pm.
3. There is no charge for individuals eligible for Lucas County Board services.
4. All sessions are located at the Ability Center of Greater Toledo, 5605 Monroe St Sylvania, Ohio 43560
5. Group & individualized instruction
6. To register, mail attached form to:
The Arc of Lucas County
5605 Monroe St
Sylvania OH 43560

For Young Adults

Session One (January 19, 2010)

- Safe relationships & dating
- Learning how to act
- Privacy & sexual health
- Safe environment for open discussions
- 2-3 information sessions for parents

Session Two (April 13, 2010)

- Survival Skills – Recognizing words, signs and symbols
- Learning how to act / learning to get along with other people
- Participating In your town
- Understanding yourself

Session Three (September 14, 2010)

- Managing your money
- Understanding living expenses
- Understanding essentials & non-essentials

For Parents

September 14, 2010
8 consecutive Tuesdays at
same time as
young adult sessions

- Visioning
- Guardianships/Power of Attorney
- Social Security
- DD System/Waivers/Budgets
- Community Employment Center (Lucas County Board of DD)
- Financial Planning
- Tools for Employment – RSC/BVR
- Community Inclusion/Recreation (Lucas County Board of DD)

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What Next Registration

First Name _____

Last Name _____

Address _____

City, State, Zip _____

Phone _____

Cell _____

Email address: _____

Parent/Guardian _____

Phone _____

Address if different _____

Participant age _____ Sex _____

DD eligible yes _____ no _____

Mark which session(s):

#1 _____ #2 _____ #3 _____

Emergency Contact Person:

Name _____

Address _____

Phone _____